

Visiting | Rehab | Services & Specialty Outpatient Therapy. At Home

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## **Concerned About Falling?**

## RISK FACTORS INCREASING THE PROBABLITY OF FALLING

- Problems with walking and balance
- > 4 or more medications
- Low vision
- Tripping hazards in the home
- > Foot problems, unsafe footwear
- Dizziness/decreased blood pressure when transferring



## FALL PREVENTION & WELLNESS SPECIALTY PROGRAM

Visiting Rehab Services, LLC, has developed an evidence based, multi-faceted Wellness and Fall Prevention Program that treats risk factors that cause falls, thus decreasing the risk of acute hospitalization.

## DECREASING RISK FACTORS = DECREASING RISK OF FALLING

Number of Risk Factors		Chance of Falling
0	$\downarrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow$	1 in 10 person will fall
1	$\downarrow\downarrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow$	2 in 10 persons will fall
2	$\downarrow\downarrow\downarrow\downarrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow\uparrow$	3 in people will fall
3	$\downarrow\downarrow\downarrow\downarrow\downarrow\downarrow\uparrow\uparrow\uparrow\uparrow\uparrow$	6 in 10 people will fall
4 or greater	$\downarrow\downarrow\downarrow\downarrow\downarrow\downarrow\downarrow\downarrow\uparrow\uparrow$	8 in 10 people will fall

Visiting Rehab Services will provide skilled Physical and Occupational Evaluations and Treatments through a client's Medicare Part B to Decrease the Risk of Falling

**✓** Gaiting Training and Balance Dysfunction

✓ Environmental Assessment

**✓ Vision Screening** 

✓ Medication Review

✓ Vestibular Assessment

1.www.fallprevention.org
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